



NORTH HYKEHAM RUFC

NORTH HYKEHAM GIRLS SELECTED FOR THE MIDLANDS EAST

SQUADS FOR THE 2009 NATIONAL REGIONAL PROGRAMME

Following trials at Sleaford R.U.F.C. on Sunday 11th January the following players have been selected to represent the Midlands East Region in this season's R.F.U.W. National Regions Programme

Under 15's

Katie Hopkinson, Verity Richards and Carla Clubb.

Under 18's

Paula Smith, Lizzie Kirk, Hannah Newsome, Beth White, Laura Ware, Mica Grossett and Rachel Jones.

For all of the players this is a considerable achievement given the size of the Midlands East region which includes the counties of Nottinghamshire, Lincolnshire, Derbyshire, Leicestershire, Rutland, Northamptonshire and finally Bedfordshire.

The players now have a number of training sessions to hone their skills before regional matches against the South East Region on the 8th February, West Midlands and the South in a triangular fixture on the 22nd February before coaching staff select their final squads for the National Regions Festival over the weekend of the 14th and 15th March.

North Hykeham R.U.F.C. wishes all of the girls well as they progress along the R.F.U.W. player pathway.