

APPENDIX 3
Recommended Sanctions (Youth)/Sin Bin Protocol

Offences	U17 + U18	U15 + U16	U13 + U14
Repeated infringements	Sending off Sufficient (SoS)	SoS	SoS
Dissent	1 match 4 matches 6 matches	Caution 1 match 3 matches	Sos Caution 2 matches
Verbal abuse to other players or others	1 match 6 matches	1 match 3 matches	Caution 2 matches
Collapsing scrum, ruck, maul	LE caution MR 2 matches TE 4 matches	LE caution MR caution TE 2 matches	SoS
Trip, late or dangerous tackle, obstruction	LE 2 matches	Caution	SoS
Dangerous use of boot/ kneeling	LE 3 matches MR 6 matches TE 10 matches	LE 2 matches MR 4 matches TE 6 matches LE caution	LE caution MR 1 match TE 3 matches LE SoS
Hit punch	LE 1 match MR 4 matches TE 8 matches	MR 2 matches TE 4 matches LE 3 matches	MR caution TE 2 matches LE 1 match
Kick, bite or head butt	LE 4 matches MR 8 matches TE 8* matches	MR 6 matches TE 8 matches LE 2 matches	MR 3 matches TE 6* matches LE 1 match
Abusive behaviour to official including verbal abuse	LE 4 matches MR 8* matches TE *	MR 6 matches TE 8* matches	MR 3 matches TE 6* matches
Assault an official	LE 8 matches MR 8* matches TE *	LE 6 matches MR 8* matches TE *	LE 4 matches MR 8* matches TE *

* It is assumed that Schools, and Clubs, would apply other sanctions for such serious breaches of conduct. If not, then higher match suspensions should be applied.

Sin Bin Protocol

- 1.1 The Sin Bin is part of the Laws of the Game and applies to all levels of the game, including Schools Rugby and Club Youth Rugby (but excluding the continuum). It also applies to seven-a-side rugby.
- 1.2 The Referee will send a player to the Sin Bin if the player:
 - a) Commits an act contrary to good sportsmanship;
 - b) Commits Foul Play which warrants a caution;
 - c) Deliberately offends; or
 - d) Is a member of a team that has been repeatedly offending.

The player will also be cautioned and shown a Yellow Card.
- 1.3 Being sent to the Sin Bin is only one stage below being “Sent off” and should not be treated lightly. Teachers and coaches should not condone any action which results in a player being sent to the Sin Bin.
- 1.4 During his or her time in the Sin Bin, a School or Club Youth player:
 - a) must not be isolated and should be given warm clothing to wear;
 - b) must stand out of the field of play, in the vicinity of the half way line, at a place readily identifiable to the Referee; and
 - c) must be under the control of the teachers and coaches and be made to realise they are serving a punishment for contravening the Laws of the Game.
- 1.5 If the player’s time in the Sin Bin spans the half time interval, then notwithstanding paragraph 1.4 above, the player may go onto the field and be part of the team talk.
- 1.6 The actual playing time a player will spend in the Sin Bin shall be as follows:
 - a) In the fifteen-a-side game, 10 minutes; or
 - b) In the seven-a-side game, 2 minutes.
- 1.7 The referee shall be the sole judge of the time a player has spent in the Sin Bin.
- 1.8 The player may only recommence playing at a stoppage in play and on the invitation of the Referee.