



## BUCS ROLLING SUBSTITUTIONS GUIDE 2010/11



- There have been **no** changes to the number of replacements in a squad, which remains up to a maximum of 22 players for Men's and Women's Premier & Tier 1 leagues and for the Championship and Trophy knockout competitions, and up to a maximum of 19 players for Men's and Women's Tier 2 leagues and below and the Conference Cup.
- For Men's & Women's Premier & Tier 1 leagues, Championship and Trophy knockout competitions, a maximum of **10** interchanges may be made during the match. For Men's and Women's Tier 2 leagues and below and the Conference Cup, a maximum of **8** interchanges may be made during the match.
- An interchange takes place each time a player leaves the field and is replaced by a team mate.  
**RGJ - A substitute may not enter the field of play until permitted to do so by the referee**
- A replaced player may rejoin the game.
- **An injured player, who has been replaced, may NOT rejoin the game. If a player is required to leave the field for a short space of time i.e. to receive strapping, the team must play with 14 players until that player is ready to return.**
- An interchange can only be made at a stoppage in play, but the referee will not hold up the game to facilitate an interchange e.g. he or she will not prevent a side taking a quick penalty merely to allow an interchange to take place.
- There is no blood bin. The bleeding player must leave the field. If he or she is replaced it counts as one interchange, even if it does not take place immediately. If the player returns to the field then it counts as a second interchange.
- If a front row player is injured after his or her team has used all of its interchanges, and there is no one on the field that can take his or her place, then the game continues with uncontested scrums.
- A yellow card or red card does not count as an interchange, but if the team as a consequence, replaces a player then this is an interchange.  
**RGJ – e.g. when a front row player of team A is yellow carded, and leaves the field of play, that is not a substitution. It is a substitution if a player from team A (often a back row forward) leaves the field of play to allow a replacement front row player on. If the 'yellow carded' front row player returns to the field of play following the period of temporary suspension, that counts as a further substitution**
- The first act of a player coming on to the field **cannot** be to kick at goal.