



# Amphill & District Community RUFC 1881

Senior Partner:

GRANGE JAGUAR



## Minis and Juniors Section

# Welcome Pack 2011

A very warm welcome to Amphill Rugby Club!

This pack has been designed to keep our players and parents both old and new informed of what happens within their rugby club. It includes our codes of conduct, details of recommended kit, and some general information about the club.

Any feedback and comments are welcome – please feel free to contact any member of the committee.

## IMPORTANT:

Enclosed in this pack is the Player Registration form –

**preferably to be completed on or before registration days**

(Sundays 4<sup>th</sup> Sept, 2011)

If you register after Registration Day, please pass the completed form to your Team Manager.

Main Partners:

Waitrose



COUNTRY  
PROPERTIES

motorparks.co.uk

**Amphill & District Community Rugby Club Limited**

Dillingham Park, Woburn St, Amphill, Bedford, MK45 2HX

www.amphillruffc.com Tel: 01525 403303 Vat Reg No. 196 7536 11

Registered in England and Wales 00629333

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## Equal Opportunities Statement

- The club is committed to ensuring that equality is incorporated across all aspects of its development.
- In doing so it acknowledges and adopts the following Sport England definition of sports equality.
- Sports equality is about fairness in sport, equality of access, recognizing inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.
- The club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability gender, race ethnicity, religious belief, sexuality or social/economic status.
- The club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.
- All club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.
- The club will deal with any incidence of discriminatory behaviour seriously.

## Mini & Junior Section Contacts

The main contacts are:

Name	Position	Email Address
Bruce McTavish	Management Committee Member with responsibility for Mini and Youth	<a href="mailto:r.mctavish740@btinternet.com">r.mctavish740@btinternet.com</a>
Clive Stallwood	Management Committee Member Chair of Youth Rugby	<a href="mailto:castallwood@gmail.com">castallwood@gmail.com</a>
Bruce McTavish	Chair of Mini Rugby	<a href="mailto:r.mctavish740@btinternet.com">r.mctavish740@btinternet.com</a>
Clive Stallwood	Senior Youth Co-ordinator	<a href="mailto:castallwood@gmail.com">castallwood@gmail.com</a>
TBC	Girls Rugby Coach	<a href="mailto:r.mctavish740@btinternet.com">r.mctavish740@btinternet.com</a>
Jennie Thomas	Child Protection Officer/Player Welfare & Youth Fixture Secretary	<a href="mailto:jenniethomas1@btinternet.com">jenniethomas1@btinternet.com</a>
Lorna Elston	Mini Fixture Secretary	<a href="mailto:lorna@lornaelston-orangehome.co.uk">lorna@lornaelston-orangehome.co.uk</a>
Val Martin	Junior membership Secretary	<a href="mailto:val_a_martin@msn.com">val_a_martin@msn.com</a>
Neil Eastwood	Junior Section Treasurer	<a href="mailto:Neil.j.eastwood@uk.pwc.com">Neil.j.eastwood@uk.pwc.com</a>
Craig Ashby	Schools Liaison Officer	<a href="mailto:Craig.ashby@barclays.com">Craig.ashby@barclays.com</a>

The team coaches contact details can be found in the fixture booklet or on website [www.amphillrufc.com](http://www.amphillrufc.com).

## Did You Know??

### That we always need Volunteers....

The Club has relied on a fairly small committee for numerous years and as the Committee Members' children get older and progress out of mini or junior sections these committee members will, obviously, leave the committee. We are sure you appreciate how the club is run and may take it for granted that there will be someone there every Sunday to run the bar, man the car parks, cook the sausages, sell you the kit, sell the kids their sweets, keep an eye on the changing rooms etc. etc. These jobs are all done by volunteers and for the club to continue to run **WE NEED YOUR HELP**. If you feel that you could give any time to help to run the section, please speak to any Mini & Junior Section contact, your coach or team manager.

### Two New Pitches- supported by Friends of Amphill Rugby (FOAR)

We need more space (working off only 2 Club Pitches & the hire of Redborne Upper & Alameda Middle over the last 20 years) and through the hard work of your committee and the generosity of local landowner David Olney we have the space just through the woods to be able to develop two new pitches over the next year ready for late March. Whilst the RFU will support us we are having to raise specific and dedicated funds to enable us to do this. Please look out for the FOAR representative on registration day and bring your bank details- a little from everyone will go a long way!

### That the bar is open every Sunday....

The bar is a great place to get to know other parents, other members of the club and to talk about how well the team has played, etc. It is open every Sunday whether there are matches or just training.

### That the players get a free meal after playing a match....

The club provides each player (Amps and opposition) with free food after they have played a match. The food will be made available to your coach or a team representative. Please be aware that the kitchen is only available when there are volunteers to run it. When it is your age group's turn to cover the kitchen – please volunteer to help. Leave the kitchen as you would want to find it please and remember no Under 16s are allowed to work in the kitchen.

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## Child Protection

Amphill & District Community RUFC is committed to providing a safe environment for our players, coaches and parents. To ensure this welfare we follow guidelines set out by the Rugby Union for the protection and involvement of children under 18 in our teams. Our Child Protection Officer has attended relevant courses and their contact details are on page 2. Additionally, all coaches and other staff who are involved with the mini & Youth section of the club are all CRB checked. If parents have any child protection issues or concerns they are advised to take them directly to the Child Protection Officer rather than their child's coach. A copy of the RFU Child Protection policy is available on the clubs website.

The RFU guidelines on child protection can be found on the web at:

<http://www.rfu.com/PDFs/ChildProtection/CPPolicyText.pdf>

## Insurance

The Club maintains Public Liability Insurance Policy to cover visitors to its premises in the event of an accident occurring during organised meetings.

However this does not cover the specific needs of players who may be injured during play.

We strongly recommend that parents of young players should take out additional insurance to cover all sporting activities in which their children are involved.

Information on policies can be obtained from the RFU who promote several Individual Injury Cover Options – further details can be found on their website:

[http://www.rfu.com/index.cfm/fuseaction/RFUHome.Community\\_Detail/StoryID/3894](http://www.rfu.com/index.cfm/fuseaction/RFUHome.Community_Detail/StoryID/3894)

## Valuables and Liabilities

The club does not accept liability for the loss, damage or theft of personal belongings on the Club premises. It is advisable not to leave valuables (i.e. jewellery and watches) in kitbags in the changing rooms as these are not secure. If you have no choice but to bring valuables to the Club, we advise that you pass them to a coach or parent for safe-keeping.

Cars parked in the club car parks, and all contents therein are left at the owner's risk and the club will accept no liability for loss or damage in respect thereof.

## Mouth Guards

The club recommends that all players wear a mouthguard (U7 & U8 optional re TAG Rugby but recommend). Indeed it is likely that any player not wearing one of these essential pieces of kit will be turned away from training / matches by their coaches. This is in the interest of their own and others safety.

## Website

The Mini & Youth section has its own pages on the club website which can be found on **[www.amphillruffc.com](http://www.amphillruffc.com)** where you can find contact information and match reports throughout the season plus a wealth of useful information about the club.

**In the information section is a library of documents which includes this pack and other forms including all of our policies which we expect everyone, player, parent, coach or helper to adhere to.**

## Club Kit Shop

The Kit Shop will be open on most Sundays. If you require kit at any other time, please contact Rae Marshall the shop manager on **07999 862230** to arrange a mutually convenient time to meet at the club.

The latest prices are available from the kit shop or on the club website.

The shop offers a wide range of second hand kit which can be purchased at very low cost. This is a good way for new players to obtain kit without breaking the bank. Please consider donating your old kit to the shop – cleaned please.

## What kit do I need?

All players are expected to play in Amphill shirts, these are not supplied unless either the coach or another parent from the team has successfully obtained sponsorship from an outside source.

### You will need to purchase:

- **Playing Shirt, available from kit shop**
- **Mouthguard**
- **Black shorts, any make will be fine however “Amps” shorts are available from kit shop**
- **Socks, available from the kit shop**
- **Rugby or football boots, studs must meet the British kite mark standard (football studs are not acceptable). Replacement studs are available from the kit shop.**

**All players must wear a mouthguard.**

## Mini Section – up to Under 12s

Whilst we cannot insist that players shower after they have played rugby, they **WILL NOT** be allowed into the club house unless they have changed out of dirty kit in very wet & muddy conditions. We would, however, encourage players to change as this helps them with good habits expected in the future.

## Junior Section – Under 13s upwards

We expect all players to change into trousers and a shirt (and, ideally, a club tie) after all games at home (your school shirts will be fine), and they are expected to travel in shirt (and, ideally, club tie) to all away games. Ties can be purchased from the club shop.

***Please join your committee in promoting pride in your club.***

## Club Behavioural Policy

This policy is set up to create an environment where the children, parents and coaches all value, respect and encourage one another to build a happy, relaxed and enjoyable atmosphere.

### Coaches and Team Managers will :

- Always be publicly open when working with children.
- Ensure development and fun comes first, winning second.
- When coaching contact skills, ensure safety first.
- Never coach law violations.
- Never overtly criticise players – their confidence is paramount.
- Always reject the behaviour, not the player. Players will not be labelled as bad or naughty either to them or to someone else in their hearing.
- Give direction in a positive way; treat each player as an individual.
- Give players a clear idea of the behaviour expected and to follow it themselves.
- Players who break the rules will receive a warning.
- Praise good behaviour. Set limits, so that the players know that their behaviour will not be allowed to get out of control.
- Be consistent and be fair.
- Avoid being late for coaching sessions and/or matches.
- Work with parents/guardians, not against them. Involve them whenever possible e.g. encourage them to observe coaching sessions and support competitions
- Ensure the playing training area is 'fit for purpose' before allowing children to participate in any activity. First Aid equipment should be available and appropriate First Aid cover be available before every session.
- Treat each player as an individual and ensure they are given equal opportunity to play.

*The Club has a Disciplinary Committee and any Member or official breaching the club behavioural policy or bringing the club into disrepute may be asked to attend a formal disciplinary hearing and can be subject to sanction by the Disciplinary Committee which may include expulsion.*

## Club Behavioural Policy cont...

### Players will be encouraged to:

- Play for the fun of it, not just to please parents or coaches
- Bring appropriate kit and spare clothing for each training session and match.
- From U11s make sure they know what time they are expected to arrive for matches/training, the location and if relevant, drop off and collection points.
- From U13s - not to train or play with an existing injury. Prior to this, parents must make that judgement and inform the coach or team manager.
- Participate in all aspects of the training session or match, not just the parts that interest them the most. Listen to the coach.
- Understand that inappropriate behaviour will be challenged and dealt with.
- Recognise the coach's authority.
- Understand the spirit of sportsmanship.
- Above all, remember that it should be fun.

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### Parents will be encouraged to:

- Be familiar with this Behaviour Policy.
- Not to force an unwilling child to participate in sports.
- Ensure that his or her child has the appropriate kit and spare clothing for each training session and match.
- Make sure that they know what time and where training sessions/matches are taking place.
- Not to publicly question or criticise a referee's judgement and never their honesty.
- Remember that children learn best by example. Applaud good play by your team and by members of the opposing team.
- Observe coaching sessions/matches at all times. Where appropriate, assisting the coaches when requested e.g. with moving equipment etc.
- Participate in voluntary activities required at the club when it is your age groups' rotation e.g. car park duty, kitchen duty, BBQ duty, bar duty, etc.

## Club Behavioural Policy cont...

- Age Groups to Rota on an alphabetical basis, so All do their share. Volunteers are part of Amphill RUFC's success
- Make sure that the club has correct contact details and emergency contact information.
- Be involved in club social activities.
- Share concerns regarding the club with committee members if they have them.
- Remember that children should be involved in rugby for their enjoyment, not yours. Encourage their efforts.

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